



**Whaplode (Church of England) Primary School**  
 Mill Lane, Whaplode, Spalding, Lincolnshire  
 PE12 6TS

Phone/Fax: 01406 370447

**Executive Head Teacher: Mrs A Flack**  
<http://www.whaplodeprimary.co.uk>



Whaplode  
 Church of England  
 Primary School



Dear Parent/Guardian,

RE: BALANCE BIKE LESSONS

Balance First is a development programme funded by Lincolnshire County Council which uses specially designed bikes to get young children active and having fun.

Next term your child will be taking part in sessions of balance bike training to be run by Outspoken Training during week commencing 15<sup>th</sup> January 2018. Balance bikes have no pedals and give young children the confidence to develop their balance quickly. In an exciting and nurturing environment, children will improve their motor skills as well as learning an important life skill: riding a bike competently! The programme is suitable for all children, whether they can ride a bike or not.

Outspoken Training already deliver Bikeability in school, teaching Year 5 and 6 pupils to cycle safely on the roads. They will provide all the equipment for these sessions. All Outspoken instructors are DBS checked with Safeguarding and Emergency First Aid certification.

Outspoken Training may take photos or record videos for the sole purpose of advertising for Outspoken Training. If you would prefer for your child not to appear in these, please complete and return the slip below. We are very much looking forward to receiving Bikeability Balance training and if you have any questions about the course, please don't hesitate to contact us.

Yours faithfully,

Mr J Ruck  
 EYFS Teacher

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If you do not wish for your child to not appear in any photos or videos, please complete and return the slip below by 20<sup>th</sup> October 2017

NAME OF CHILD:	
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I would prefer that my child is not included in any photos or videos as part of the Balance First course my child attended.

NAME (of Parent/Guardian)	
SIGNATURE	

