



**Whaplode (Church of England) Primary School**  
Mill Lane, Whaplode, Spalding, Lincolnshire  
PE12 6TS

**Phone:/Fax: 01406 370447**

**Executive Head Teacher: Mrs A Flack**  
**<http://www.whaplodeprimary.co.uk>**



1<sup>st</sup> October 2018

Dear Parents/Carers

RE: Roots to Food – Thursday 11<sup>th</sup> October 2018

As part of our continuing aim to encourage our children to eat healthily and understand more about keeping themselves fit, we are delighted to welcome Roots to Food to our school on Thursday 11<sup>th</sup> October.

The day will be split into two parts: KS2 children will watch and take part in a cooking demonstration in the morning and KS1 children will join in with fitness activities and make their own smoothie in the afternoon. Children will have the opportunity to taste the food made during the day so please ensure you have returned the food taster consent form to the school office.

Parents are invited to join us for a further cooking demonstration at 2.45pm in the hall. The demonstration will be finished in time for collecting your children at the end of the day. Please return the slip below if you wish to attend so we have an idea of numbers.

We do hope you will be able to join us for this event.

Yours faithfully

Mrs Adie  
Head of School

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Roots to Food – Thursday 11<sup>th</sup> October 2018

Childs Name. \_\_\_\_\_ Class \_\_\_\_\_

I will be attending the cooking demonstration at 2.45pm in the school hall.

Signed \_\_\_\_\_ Parent / Carer

