



Whaplode (Church of England) Primary School
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<http://www.whaplodeprimary.co.uk>



27th April 2017

Dear Parents

As from Tuesday, 2nd May swimming lessons will hopefully commence providing the swimming pool water has reached the optimum temperature.

Children in Years 1 – 6 will be allowed to wear goggles if they so wish during swimming lessons, providing that they are able to put on and adjust the goggle strap on their own. The use of goggles will depend on the swimming activity that has been arranged and this will vary throughout the time that lessons take place. Regrettably children in Reception class will not be allowed to wear goggles.

Please ensure your child wears the appropriate swim wear, according to the below swimming guidance:

Boys should wear swim shorts or trunks, the leg length of these should be no longer than thigh.

Girls should wear an appropriate one piece swimming costume no bikinis.

The rash vest swim wear which consists of shorts and a top will be allowed for both girls and boys as they are designed especially for water based sports such as swimming and surfing.

Long hair must be tied back while swimming at all times or the other option would be for the child to wear a swim hat.

All nail varnish (on fingers and toes) and any temporary tattoos will need to be removed prior to swimming.

Jewellery must also be removed before entering the swimming pool, please note that teachers are unable to help with the removal of earrings.

Should your child develop a verruca the use of a water proof plaster is sufficient to cover the verruca during the swimming lesson. For medical advice and further details on verruca's please refer to ASA advice on <http://www.swimming.org/learntoswim/swimming-and-verruca-the-facts/>

Yours sincerely

Mrs A Flack
Head Teacher

