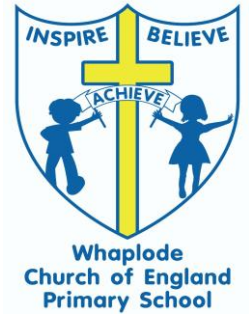




Whaplode (Church of England) Primary School
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But as for you, be strong and do not give up, for your work will be rewarded ~ 2 Chronicles 15:7

29th June 2021

Dear Parents/Carers

RE: Roots to Food Workshop – Tuesday 6th July

As part of our continuing aim to encourage our children to eat healthily and understand more about keeping themselves fit, we are delighted to welcome back Darren from Roots to Food to our school on Tuesday 6th July.

All KS2 children will take part in a cooking workshop during the day. Each class bubble will work with Darren in the hall at an allocated time. All cooking stations and equipment will be cleaned down between bubbles. Children will prepare and chop food, cook, present their dish and tidy their work station after. They will have the opportunity to taste the food made during the workshop.

Children will learn about nutrition, understanding a balanced meal, where food comes from, food safety and hygiene and different cooking techniques.

The recipes used during the day will be sent home so children can impress you with their cooking skills and recreate the dish at home.

Yours faithfully

Mrs Adie
Head of School



Judged as
"GOOD" by Ofsted



I can do all things through him who strengthens me ~ Philippians 4:13