

Year	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
Year 4	<p>SEAL – New Beginnings</p> <p>To know that they belong to a community.</p> <p>To know how to make someone feel welcomed and valued as well as knowing what it feels like to be unwelcome.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Relationships - SRE</p> <p>To discuss any issues, problems and events. To know why and how rules and laws are made and enforced, why different rules are needed in different situations and how to take part in making and changing rules.</p> <p>To understand that pressure to behave in an unacceptable or risky way can come from a variety of sources, including people they know, and how to ask for help and use basic techniques for resisting pressure to do wrong.</p> <p>To know that their actions affect themselves and others and that they need care about other people's feelings and try to see things from another person's point of view.</p> <p>DEMOCRACY</p> <p>THE RULE OF LAW TOLERANCE</p> <p>MUTUAL RESPECT</p>	<p>SEAL – Getting On and Falling Out</p> <p>ANTI-BULLYING WEEK</p> <p>To understand why it is important to calm down before becoming overwhelmed by feelings of anger and to discuss some of the ways that could stop themselves being overwhelmed by these feelings.</p> <p>To use peaceful problem solving strategies to sort out difficulties. (Peer Mediators)</p> <p>TOLERANCE</p> <p>MUTUAL RESPECT</p> <p>Living in the wider world – Economic Education</p> <p>To understand that individuals may need or choose to spend their money in different ways.</p> <p>To understand that planning for future spending (how and why) is important. To know that making comparisons between the costs of good and services is important in managing your money.</p> <p>INDIVIDUAL LIBERTY</p>	<p>SEAL – Going for Goals</p> <p>To set a goal along with own success criteria. To be able to recognise when learning is difficult and persevere and keep going even when the task is difficult. To be able to think of ways to overcome barriers to learning and recognise when they have reached their goal.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Healthy Eating</p> <p>A Healthy Packed Lunch</p> <p>To understand what makes a healthy packed lunch.</p> <p>To design their own packed lunch and compare the balance of foods with government guidelines.</p> <p>To identify the changes needed to make the lunches to make them healthy.</p> <p>E-SAFETY</p>	<p>SEAL–Good To Be Me</p> <p>To be able to explain what hopeful and disappointed mean and use strategies to help them cope with feelings of disappointment and feelings of hopelessness. To realise personal strategies to calm down when upset or angry.</p> <p>TOLERANCE</p> <p>MUTUAL RESPECT</p> <p>Health and wellbeing – Drugs, Medicines and Alcohol</p> <p>To be able to describe reasons why some people choose to drink alcohol and some don't -including peer pressure, parenting and cultural influences. To understand how these choices and influences can have an impact on others.</p> <p>To think about their own attitudes to drinking and the reasons why.</p> <p>MUTUAL RESPECT</p> <p>THE RULE OF LAW</p>	<p>SEAL – Relationships</p> <p>To understand what might hurt others feelings and how most people feel when they lose something special or someone they love.</p> <p>To be able to express how feelings about important people or animals in life.</p> <p>To understand that we remember those when there is no longer contact with them.</p> <p>TOLERANCE MUTUAL RESPECT</p> <p>Health and wellbeing - Heart Start</p> <p>Serious Bleeding</p> <p>To develop the skills to recognise when a patient has a serious bleed and to practise assisting the casualty.</p> <p>To know how to ring the emergency services. (St. John's Ambulance First Aid File)</p> <p>E-SAFETY – TEXT & PICTURE MESSAGING</p>	<p>SEAL – Changes</p> <p>To think about and try to explain why we behave as we do when they find a change difficult. To discuss some of the reasons why change can feel uncomfortable and scary and know some ways of dealing with the feelings that sometimes arise from changes. To understand why others behave as they do when finding a change difficult.</p> <p>TOLERANCE</p> <p>MUTUAL RESPECT</p> <p>Living in the wider world – ECO Schools</p> <p>Water</p> <p>To understand the importance of water in the world. Water Aid</p> <p>To explore why we need water and investigate places around the world where water is scarce.</p> <p>To investigate how water is wasted around school and what can we do in school / at home to waste less and encourage saving water.</p> <p>INDIVIDUAL LIBERTY</p> <p>MUTUAL RESPECT</p> <p>ENTERPRISE WEEK</p>